

We are Hurworth

Welcome to the fifth edition of our newsletter. As always there's a mixture of school information as well as some activities you might want to try whilst you are stuck at home.

Remember you can also follow @HurworthSchool if you are old enough to have an account but please make sure you follow all the safety rules you've learnt in school if you are on social media or gaming platforms.

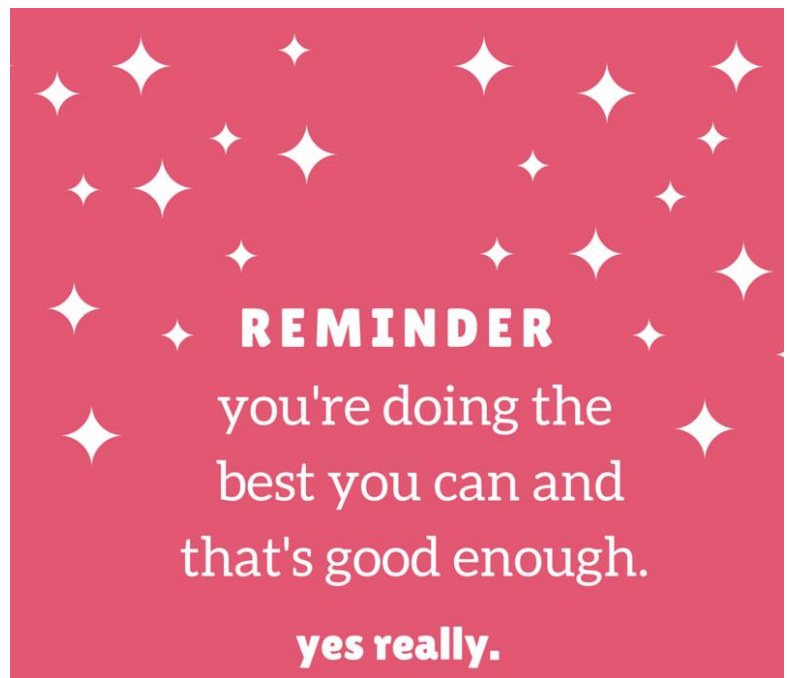


We gave you lots of information last week about how to learn from home and as it's the start of a new term you've been set new batches of work on Teams or via the post if you don't have computer access.

As we've said to you before **your teachers are aware that working from home is very different to being in school and that tasks will take you longer than normal to complete so please don't worry if you feel as if you are "behind"; you aren't!** Your teachers are all here to help and support you and the deadlines for your work are flexible.

We want you to do some work each day (around 3 hours maximum) as **anything you can do will be useful to you, but looking after yourselves and your families is vital** in the strange circumstances we are all in now.

Learning at home



OUR
SCHEDULE!



Year 10 – Hurworth's Helping Hand



A reminder from last week – remember this is optional not a 'set' piece of work but it will be really helpful for you when we do come back

While the school is closed this is a great opportunity for all those of you in Year 10 to **develop your independent learning skills** to support you in preparing for your exams next year.

Mrs Reilly will be setting you tasks to complete based around **a different revision strategy each fortnight** to help you build up your range of strategies. You will be sent a PowerPoint explaining the strategy along with some tasks from different subjects.

The more photos you send in or work you hand in when we return to school the more prizes you can win! More details of this will be given in the fortnightly email which will only go to Year 10 students.

A couple of weeks ago we told you about the face visors staff had been making using the laser cutter in D&T. We ordered some more material over the holidays and have made 140 more of them over the course of this week – whilst a large proportion of them have again gone to Darlington Memorial hospital **they have also been donated to various medical practices and care homes based on the requests we had in to school from you i.e. they are directly helping your parents and carers.**

Please get in touch if you have someone in your family who needs some for their key worker role.

Perfect PPE Part 3



The Government haven't given any date for schools reopening yet but just a reminder that **it is now the summer term so if we do re-open before July it will be summer uniform. Don't worry if you haven't been able to get a polo shirt yet – we will give you time to get that sorted.** If school doesn't come back until September then it will be winter uniform again anyway!



We're here to help

Remember just because most of us aren't in school at the moment doesn't mean we've forgotten about you – lots of you have been in touch with us already and **please keep doing this**. If you do want some additional support then the information below lets you know how you can access this.

Local Darlington Support

- **Listening Post & Darlington Mind Telephone Support**

Feeling anxious and need someone to talk to?

The Listening Post and Darlington MIND are here for you

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Helpline for Secondary School and Sixth Form Students

07847 933 799
Monday-Friday 10am - 12noon
listeningpost@dacym.co.uk

07432 843 161
Monday-Friday 1.30-4.30pm
crew@darlingtonmind.com

- **Recovery College Online** – Free information, coping techniques and courses
<https://lms.recoverycollegeonline.co.uk/course/view.php?id=376>

- **Kooth.com** – Free online emotional and well being support, with access to trained counsellors
www.kooth.com

- **Healthwatch Darlington** – Free information and signposting
Call: 01325 380145
Email: info@healthwatchdarlington
Text: 07525237723

- **Darlington Borough Council - Free information**
<https://www.darlington.gov.uk/health-and-social-care/public-health/coronavirus/health-and-wellbeing/>

National text, telephone and online support

- **Samaritans** – Free listening telephone service
116 123

- **Childline** – Free helpline
0800 1111

- **Youngminds** – Online advice and information
<https://youngminds.org.uk/>

- **Shout** – Text crisis messenger service
Text: 85258

- **Beat** – Eating disorder help and support
<https://www.beateatingdisorders.org.uk/>

- **The Mix** – Free online advice and information (including group chat rooms)
www.themix.org.uk

- **NSPCC** – Help and information
<https://www.nspcc.org.uk/>

- **Change, Grow, Live** - Help, information and tips
<https://www.changegrowlive.org/advice-info/coronavirus/people-under-21>

Challenge time

It was World Earth Day this week so this week's challenge is based on that. **Read the Action points below and see how many of them you can do; can you think of any other ways in which you can help the environment?**

Earth Day 2020 Report...

WHAT'S THE THEME?

The theme for Earth Day 2020 is climate action. Climate change represents the biggest challenge to the future of humanity and the life-support systems that make our world habitable.

THE HISTORY

Earth Day was a unified response to an environment in crisis — oil spills, smog, rivers so polluted they literally caught fire. The first Earth Day in 1970 resulted in the passage of landmark environmental laws in the United States. The Clean Air, Clean Water and Endangered Species Acts were created and in 2016 the United Nations chose Earth Day as the day when the historic Paris Agreement on climate change was signed into force.

GOOD NEWS!

- The coronavirus pandemic could mean this year's world carbon dioxide pollution output falls by the largest amount in over 70 years, according to a network of scientists examining emissions data.
- Australia's Great Barrier Reef — the largest living structure in the world — is in crisis. The once vibrant marine ecosystem is in the grip of a "serious" bleaching event. Researchers have carried out an ambitious "cloud-brightening" experiment, which it is hoped could make existing clouds reflect more sunlight than normal, and therefore help keep the sea at cooler temperatures.
- Sea life and ocean ecosystems could substantially rebound within 30 years if humanity takes serious action to protect species and rebuild natural habitats, scientists say.

WORLD EARTH DAY 2020

Earth Day is April 22 of every year.
This year will mark 50 years of Earth Day.

YOUR CARBON FOOTPRINT

Determining the amount of CO2 you produce through your daily routine is the first step to fixing it. This is one of those things you can't "un-know" once you know. Warning: The results come with a little side of guilt.

<https://www.carbonfootprint.com/learn/what-is-a-carbon-footprint/>

CALL TO ACTION!

1. Plant a tree! 🌳
2. Make a call to action to share on social media! 📱
3. Raise awareness or research e-waste! 🗑️
4. Build a bird house or feeder! 🐦
5. Build a bug hotel! 🐛
6. Rethink your energy, reduce your use! ⚡
7. Start a compost bin! 🌱
8. Switch to reusables not disposables! ♻️
9. Collect rainwater for watering plants! 🌧️
10. Take the stairs instead of the lift! 🚶
11. Ditch the plastic straw! 🥤
12. Leave the car at home! 🚗
13. Switch to energy efficient lightbulbs! 💡
14. Unsubscribe from junk mail! ✉️
15. Go paperless! 📄
16. Unplug unused devices! 🔌
17. Recycle old electronics! 📺
18. Add plants to your home! 🌿
19. Make your own cleaning products! 🧼
20. Shop second-hand! 🛒

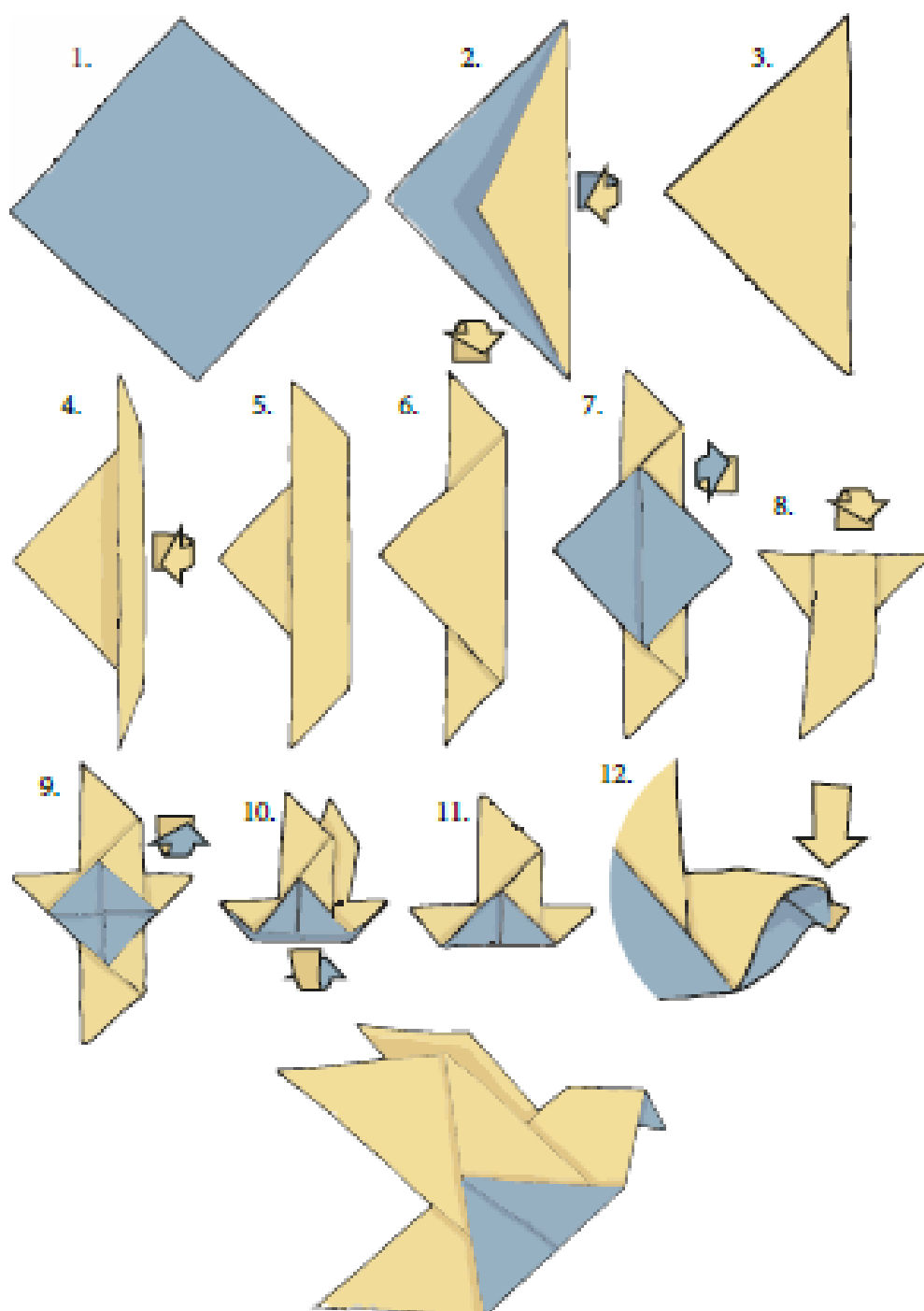
Try something new

This activity only needs a piece of paper to complete. It is part of a pack of ideas so if you want more things to try go to:

<https://www.farrow-ball.com/globalassets/nhm-activity-packs/colour-by-nature-activity-pack.pdf>

TRY YOUR HAND AT ORIGAMI

Start with a square of paper and follow these easy steps to make yourself an origami bird.

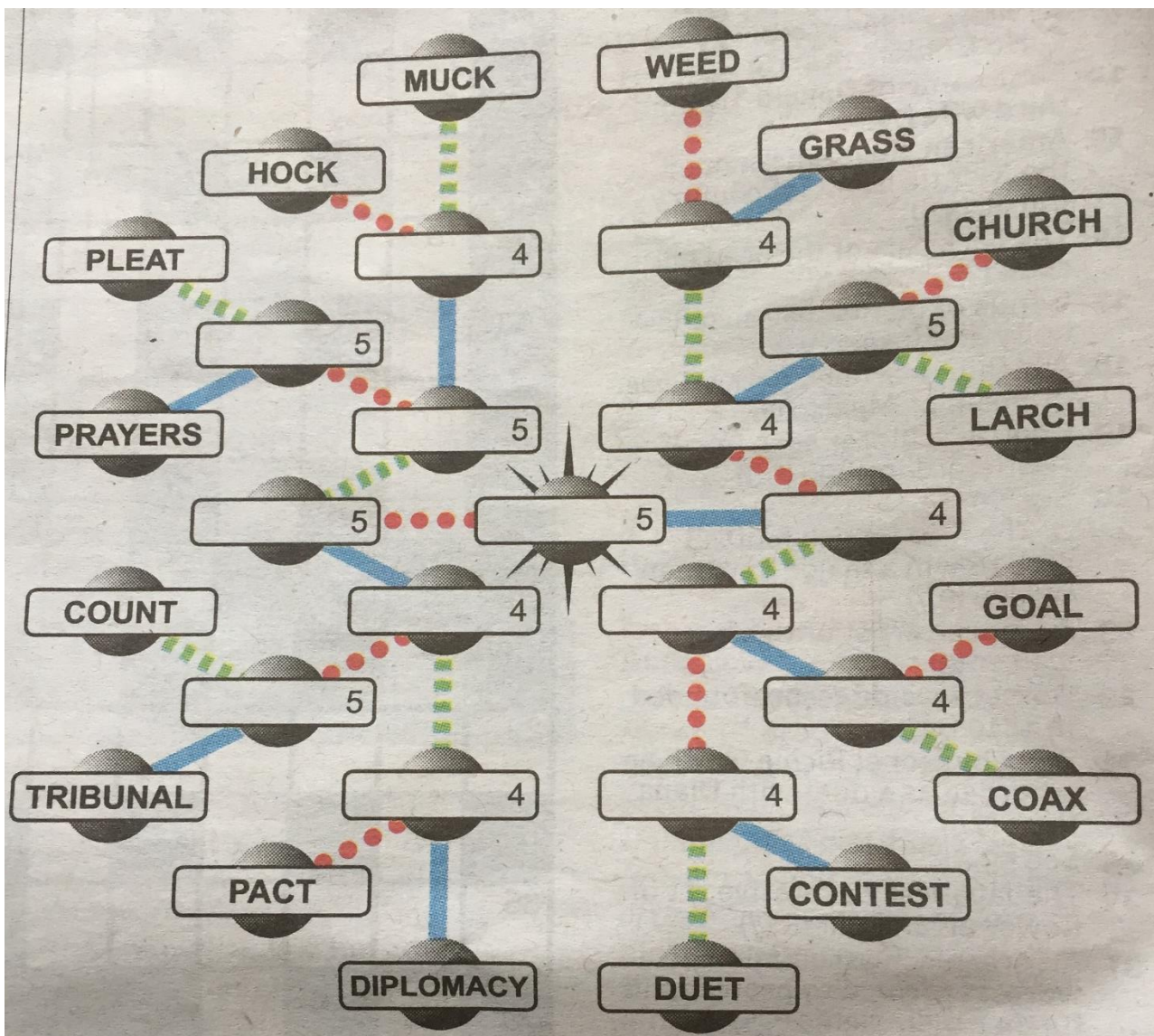


Puzzle time

The answers from Edition 4 plus the Maths challenge from Edition 3 are at the end of the newsletter

Find the missing words below by following the **RHYME**, **LETTERS** and **MEANING** links e.g. a word that **rhymes** with cheek, has one **letter** different from pear and has the same **meaning** as mountain would be **peak**. The number tells you how many letters are in the word. **Answer in next week's edition**

Zygolex



Try the quiz on the next page which was written by a very special guest contributor (thanks JGE ☺). Ask other members of your family to help if you don't know the answer but no Googling!!

Answers in next week's edition

Family quiz

Geography

1. Which mountain casts the longest shadow?

- A. Mount Everest
- B. Mount Teide
- C. Ben Nevis

Geography

2. How many time zones does Russia have?

- A. 17
- B. 7
- C. 11

Books

3. In the Percy Jackson series where is camp half blood?

- A. Long Island Sound
- B. Brazil
- C. California

Mythology

4. In Greek mythology who was the goddess of the rainbow?

- A. Aphrodite
- B. Hera
- C. Iris

Films

5. Who played James Bond in Spectre?

- A. Sean Connery
- B. Roger Moore
- C. Daniel Craig

Monarchy

6. Who was made king after a parliament ruling?

- A. Charles the 1st
- B. Oliver Cromwell
- C. Charles the 2nd

TV

7. How old is Blue Peter?

- A. 80 years old
- B. 61
- C. 62

Tudors

8. How many wives did Henry the Eighth have beheaded?

- A. 5
- B. 4
- C. 2

NASA

9. Who was the first man on the moon?

- A. Buzz Aldrin
- B. Roger Moore
- C. Neil Armstrong

Sport

10. Who was one of the co inventors of tennis?

- A. Harry Redknapp
- B. Harry gem
- C. Harry Styles

Maths challenge



Miss Syson wanted you to have a numeracy challenge to help keep you entertained! Submit your answers, along with your tutor group, to nsn@hurworth.swi.ftacademies.org.uk Points will be added to your tutor group totals. **Answer next time** and more to follow! Stay safe everyone

A: 382618

C: 213787

E: 654346

B: 589411

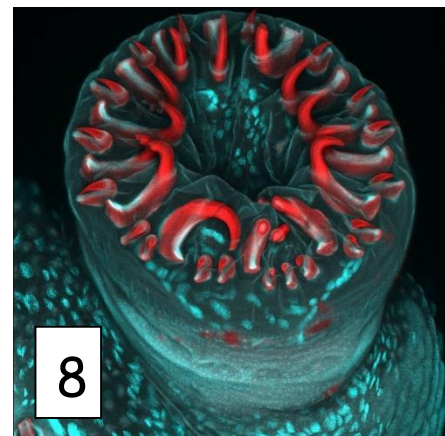
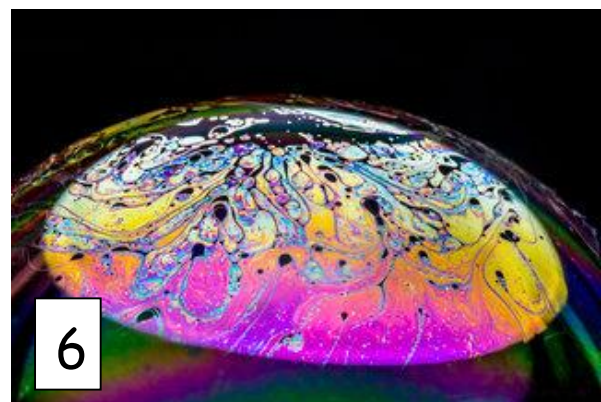
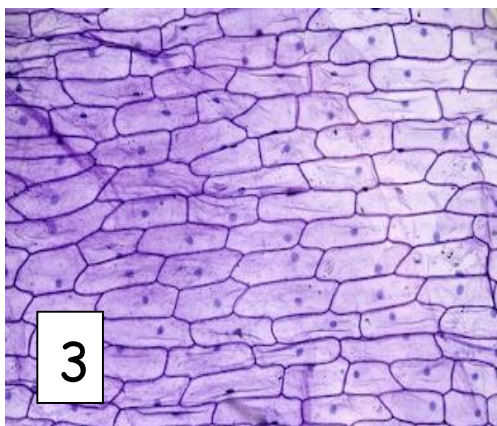
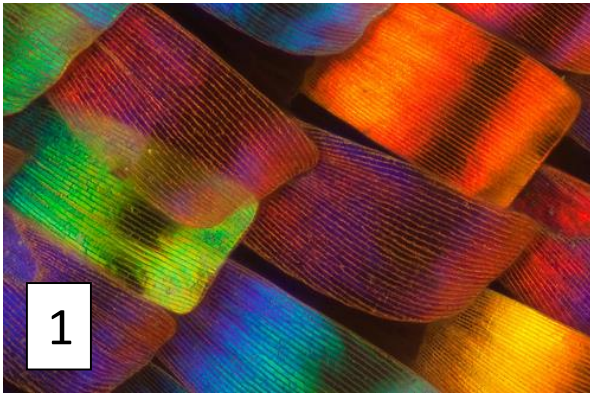
D: 528572

Which number is the odd one out?



What am I?

Can you identify the mystery objects?





If you have anyone you want to say hello to then please email Miss Peaker npr@hurworth.swiftacademies.org.uk by 12.30 on Thursday



Edition 4 answers

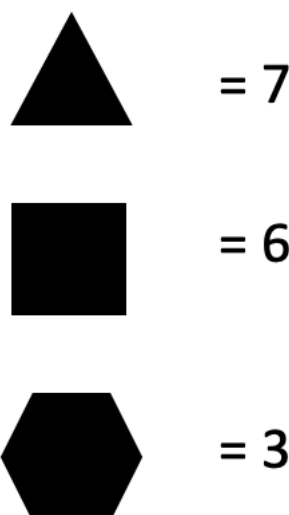
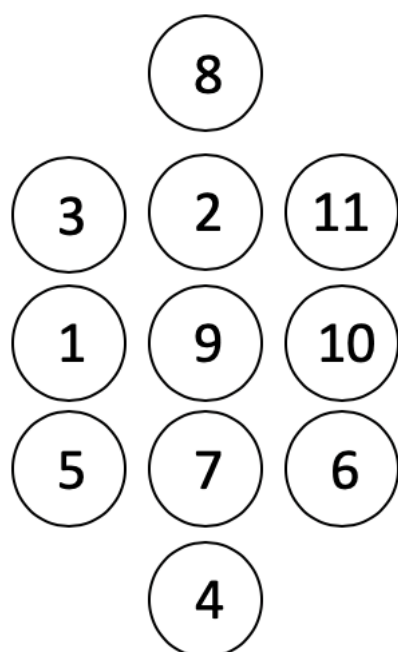
Zygolex – ruler; vault; ring; silt; king; salt; kink; **brink**; brine; curl; shine; cure; gleam; earl; shine

Word tower – ice; epic; piece; pierce; precise

Northern names – 1) Byker 2) Cullercoats 3) Stanley 4) Consett 5) Chopwell 6) Newcastle 7) Shiremoor 8) Wideopen 9) Felling 10) Leadgate 11) Newbiggin 12) Washington 13) Shiny Row 14) Walker 15) Sunnyside 16) Amble 17) Crook 18) Haltwhistle 19) Redcar 20) Seahouses

Cannibal chase – You and Justin cross the bridge which takes 2 minutes; you go back with the torch which takes 1 minute so the total is now 3 minutes; Kylie and Cheryl cross the bridge which takes 8 minutes so the total is now 11 minutes; Justin brings the torch back which takes 2 minutes so the total is now 13 minutes; you and Justin cross the bridge again which takes 2 minutes. The total is now 15 minutes so you make it just in time to cut the bridge and escape 😊

Maths challenge from Edition 3 – see diagrams below



That's it for this edition. Take care,
stay safe everyone and stand by for
Edition 6 next Friday!

