

We are Hurworth

Welcome to the first edition! While the school is closed we'll be sending out a weekly newsletter to pass on any school information you need to know, share top tips for how to cope with being at home and help you to keep in touch with each other.

Remember you can also follow @HurworthSchool if you are old enough to have an account but please make sure you follow all the safety rules you've learnt in school if you are on social media or gaming platforms.



Top Teams



Well done to everyone who's been working on their assignments on Teams. It has been quite slow on some days as lots of schools up and down the country are also using it for their work. **Don't forget you can email your teachers for support** too if you need to. **Did you know you can download an app to get on Teams if you don't have a computer?** If you can't type your answers in, then just write them on a piece of paper!

If you're having problems getting on Teams then there are lots of other educational websites you can try e.g. see those in the letter we sent out to your parents/carers when we had to close. Follow this link to get to the list:-

<https://swiftacademies.org.uk/wp-content/uploads/2020/03/Coronavirus-Closure-letter-to-parents-Hurworth-20th-March-2020.pdf>

Even Minecraft are offering lessons on line at the moment!

If you've been wondering why there are rainbows popping up in windows around your local area here's why.

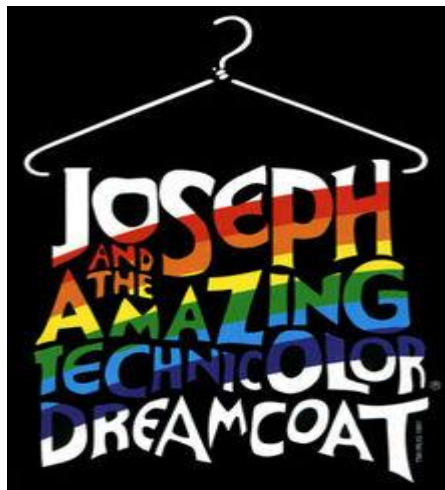
With schools being closed and social distancing in place lots of people have started connecting with each other by painting colourful rainbows and putting them in their windows for others to see. It's thought the rainbow trend started in Italy (**andrà tutto bene** means everything will be fine in Italian) but it has quickly spread to lots of other countries including the UK – there are some in windows around Hurworth already!

Why not try making your own rainbow to let others know that you're thinking about them?

Chasing the rainbow



Challenge time



While we're thinking about colours see if you can complete this challenge...

In the musical Joseph and the Amazing Technicolor Dreamcoat Joseph is given a coat of many colours by his Dad. There are 29 different colours mentioned in the verse below. **See if you can find something which is each colour in your house.**

It was red and yellow and green and brown
And scarlet and black and ochre and peach
And ruby and olive and violet and fawn
And lilac and gold and chocolate and mauve
And cream and crimson and silver and rose
And azure and lemon and russet and grey
And purple and white and pink and orange
And blue

Exercise is really important to help keep you fit and healthy under normal circumstances but it's even more important when you're stuck at home as **it can also help to reduce stress and anxiety**. You are allowed to go out to exercise once a day even if it's just for a walk. If you're lucky enough to have a garden then you can go outside and exercise there as long as **you follow the social distancing rules and stay 2m away from other people**. If you haven't got a garden then don't worry there are lots of exercises you can do at home without needing any 'special' equipment such as those at:

<https://www.thisgirlcan.co.uk/activities/home-exercise/>

Since Monday Joe Wicks has been running a live 30 minutes PE class every day so if you do have access to YouTube then give it a go - lots of your teachers are doing this every day too!

Keeping fit

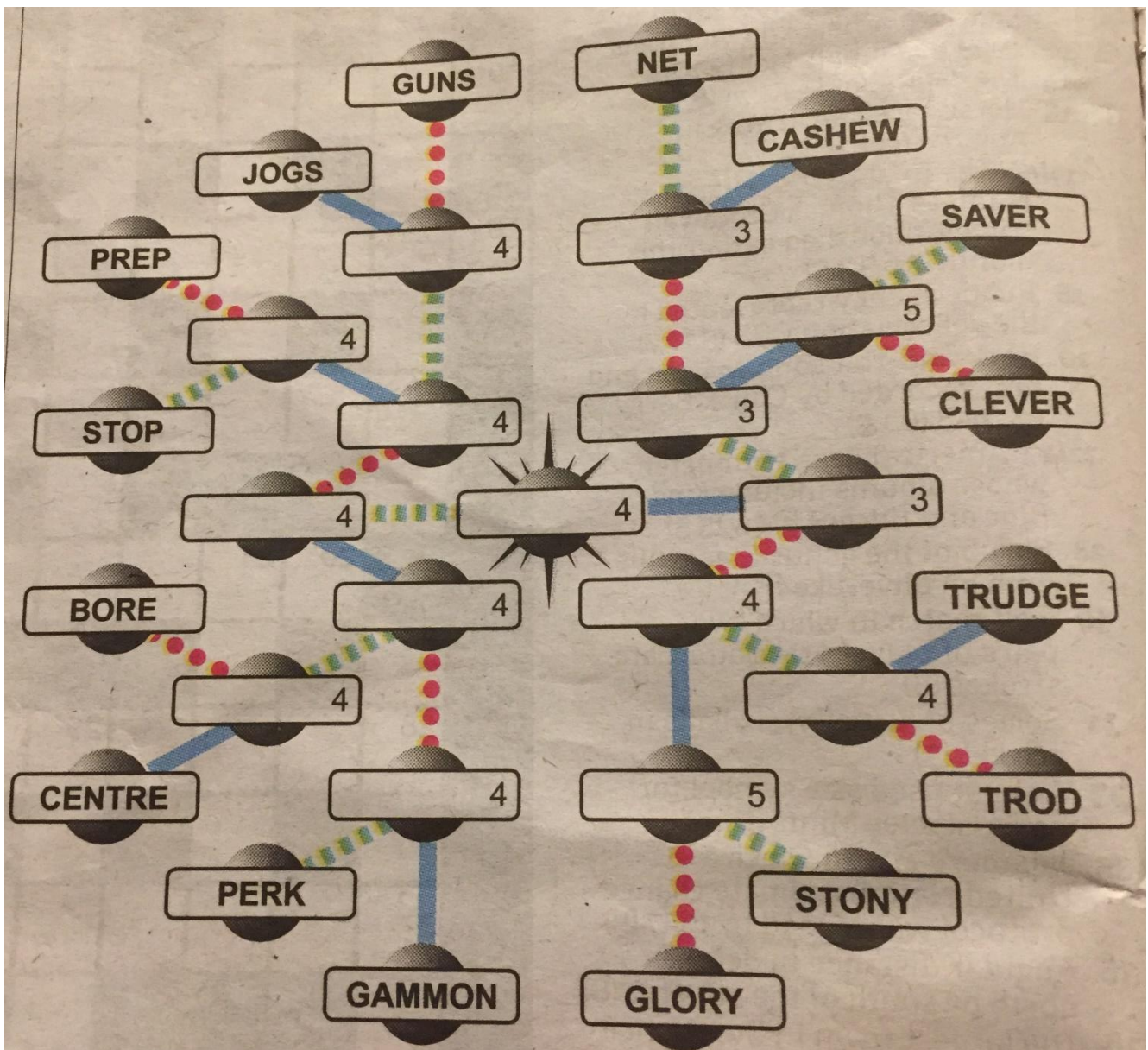


Is there something you've always been meaning to have a go at but never had the time? If you're in to **art and crafts** and have access to the internet try some of the lessons at <https://www.creativebug.com/>. Other ideas you can try which won't need anything more than pen and paper include **writing stories, keeping a journal or even writing a book**. **Andy Goldsworthy** is an artist who uses **natural materials** (twigs, rocks etc) to make his work. Collect some while you're out getting exercise and then see what you can make when you get home. If you've got younger brothers and sisters or nieces and nephews **write stories for them to finish** (e.g. The Adventures of... where their favourite toy comes to life) or **try making up a treasure trail for them around the house with clues they have to solve**.

Try something new

A zygolex is a type of puzzle you may not have come across before. Find the missing words below by following the **RHYME**, **LETTERS** and **MEANING** links e.g. a word that **rhymes** with cheek, has one **letter** different from pear and has the same **meaning** as mountain would be **peak**. The number tells you how many letters are in the word.

Answer in next week's edition



Try the quiz on the next page which was written by a very special guest contributor (thanks JGE ☺). Ask other members of your family to help if you don't know the answer but no Googling!!

Answers in next week's edition

Family quiz

Greek Mythology

1. Which Greek god was the god of sleep?

- A. Tyche
- B. Pan
- C. Hypnos

Astronomy

2. How long did it take Apollo 11 to get to the moon?

- A. 19 hours
- B. 4 days
- C. 2 weeks

Nature

3. Which country did the Dodo bird come from?

- A. France
- B. Spain
- C. Mauritius

History

4. Who invented the telephone?

- A. Charles Darwin
- B. Alexander Graham Bell
- C. Benjamin Franklin

Capital cities

5. Which of these is the capital of Ukraine?

- A. Kiev
- B. Moscow
- C. Washington

Democracy

6. Who invented democracy?

- A. Greeks
- B. Egyptians
- C. Romans

History

7. Who was the last Roman king?

- A. Tarquin
- B. Caligula
- C. Nero

Greek Mythology

8. Who stole the Golden Fleece?

- A. Hercules
- B. Caligula
- C. Jason

Songs

9. Who sang the song "Goldfinger"?

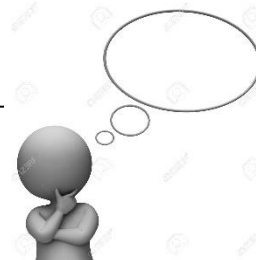
- A. The Beatles
- B. Shirley Bassey
- C. Louis Armstrong

Nature

10. Which of these is the fastest animal on the planet?

- A. Peregrine falcon
- B. Cheetah
- C. Blue whale

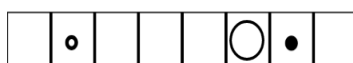
Maths challenge



Miss Syson wanted you to have a numeracy challenge to help keep you entertained! Submit your answers, along with your tutor group,

to nsn@hurworth.swi.ftacademies.org.uk

Points will be added to your tutor group totals. **Answer next time** and more to follow! Stay safe everyone



Which figure to the right would correctly continue the sequence above?

Year 11 Leavers hoodies

As a result of the government restrictions which came into place this week, the company which is printing your hoodies has had to close temporarily as it is classed as a 'non-essential' business.

You can still continue to order your hoodies through school and as soon as the company re-opens they will get them straight into production ready for you to collect.

If you have any queries about your hoodies then please contact Mrs Dodds on lds@hurworth.swiftacademies.org.uk



This is the bit where we need your input from next week! Some of your teachers have started you off, but if you have anyone you want to say hello to then please email Miss Peaker npr@hurworth.swiftacademies.org.uk by 12.30 on Thursday

Year 9s I hope everyone is getting used to staying safe and staying home, I just wanted to remind you of a couple of deadlines; Options and DofE forms are due in - please email these in. Also please remember just because we are not in school doesn't mean I stop being your Head of Year: drop me an email if you need to chat!

Missing you all lots

Mrs Wright

Hi, 10W!

I hope you are all well and are staying safe and sane! I am looking forward to seeing you all again soon hearing your stories from lock down. Please get in touch over school email if you need anything. **Mrs Wraith x**

Ciao 9T

I hope you are all keeping safe and well.

I am confident that you will all be adjusting quickly to this new temporary life - you are all very capable people - and finding a good balance between school tasks, exercise and family life.

Don't cause your parents / carers too much grief, behave yourselves - yes that means ALL of you...Joseph, Freddie, Imogen, to name but a few 😊 - but above all, look after each other, keep safe and STAY AT HOME.

See you on the other side....

Ms. Cramoysan

That's it for this edition.

**Take care, stay safe
everyone and stand by
for Edition 2 next Friday!**

